

Associate Wellness Tasting Tables

At Montefiore Summer Farmer's Markets



Visit the To Your Health! Associate Wellness tasting tables to try a seasonal recipe with fresh ingredients, learn more about new wellness programs and to speak with a Montefiore registered dietitian.

Campus	Location	Date	Time
Tarrytown	Back Patio	Thursday, August 1 st	11:30am-1:30pm
Wakefield	Atrium	Wednesday, August 7 th	11:30am-1:30pm
Moses	East Garden	Thursday, August 15 th	11:30am-1:30pm
Einstein	Front Patio	Tuesday, August 20 th	11:30am-1:30pm

For more information e-mail ToYourHealth@montefiore.org.